

# Service summary

## Young people and families - Wharton Annex

By providing families in the Dyke House area with opportunities that help them to improve their lives, develop skills and increase their confidence we hope that the end result will be gainful employment. Creating more positive role models within our community will have the knock-on effect of inspiring more young people to want a better life for themselves and motivate them to work for that better life.

Most of our activities are around:

- Supporting people to access employment and training advice and opportunities
- promoting healthier lifestyles amongst all ages, including access to exercise classes and advice on diet/healthy eating
- engaging young people in positive activities
- improving literacy and access to information through our community library
- developing IT skills and providing low cost access to internet services through our newly-equipped IT suite and free internet browsing

There are activities for everyone – all delivered in a fully accessible building, with free WiFi, car parking and public computers:

- > Youth club for 13 –19 year olds
- Junior club for 8 – 12 year olds
- Comprehensive programme of activities
- Dedicated area for young people with pool table, table football and Wii
- Youth-run tuck shop to develop work-related and enterprise skills
- 'Tiny Tuesdays' toddler group
- Snack bar serving freshly-prepared food and hot and cold drinks
- Baby changing facilities

We also run weekly exercise classes with the emphasis on having fun and meeting new people. There's something for everyone, young and old, so why not join in!

- Drop-in sessions every weekday – by bookable appointment
- Free, confidential help to look after your physical or emotional wellbeing
- Access to sexual health advice and guidance
- Advice on how to eat right and stay fit and healthy
- Walking groups
- Exercise classes, including Zumba
- Wide range of health-related resources

## Service provider

Wharton Annex

### Accessibility

#### Physical Environment Accessibility

**Are your premises accessible?**

Yes

#### Other Accessibility

**Is a referral required to access your service?**

No



☎ 01429 866 095 ✉ [info@whartontrust.org.uk](mailto:info@whartontrust.org.uk)  
Visit service website

### Address

The Annexe  
Wharton Terrace  
Hartlepool  
TS24 8NS

### Opening times

Open Monday to Friday 9.00 - 5.00pm

## Plan your journey

Get here with [Traveline Google Maps](#)

## Similar services

[Kilmarnock Road Children & Young People Family Resource Centre](#)  
[Dimensions](#)  
[Nisai Virtual Academy](#)  
[Changing Futures North East](#)  
[Working Families](#)