

# Service summary

## Domestic Violence - Harbour Support Services

For over forty years we have provided assistance to families and individuals affected by domestic abuse.

Statistics show that domestic abuse affects a quarter of all women at some time in their lives, regardless of age, social class, race, disability, sexual orientation or lifestyle. The visible consequences of this are obvious to see but the hidden consequences are often underestimated ~ isolation, loss of confidence, fear and despair.

We want people to know they don't have to go through these experiences alone and there is help available.

We make no judgement about the choices people have made; rather we offer advice and practical assistance to help people to improve their future.

Are you a child or young people affected by abuse?

Domestic abuse can be:

- Physical - hurting someone by doing things like hitting, pushing or kicking
- Emotional - saying things to frighten someone or make them feel bad such as telling them they are stupid, ugly or worthless
- Controlling behaviour - stopping someone from acting freely such as keeping them from seeing their friends and family, not letting them have a job or not letting them spend money. Also forcing someone to do things that they don't feel comfortable doing.
- Are you worried about whether domestic abuse is happening in your family?

Tel: 03000 20 25 25 (24 hours)

## Service provider

Harbour Support Services

## Client Groups Served

Adult Working Age Older Person

### Accessibility

#### Physical Environment Accessibility

**Are your premises accessible?**

Partially

#### Other Accessibility

**Could you provide a BSL interpreter?**

N/A

**Do you cater for religious/cultural needs?**

N/A

**Is a referral required to access your service?**

Yes

**Please give further details**

Referrals can be from professionals or individuals and can be taken either by downloading the referral form on the website or calling 03000 20 25 25.



# harbour

working for safer communities

☎ 03000 20 25 25 ✉ [info@myharbour.org.uk](mailto:info@myharbour.org.uk)

Visit service website

### Address

Harbour Support Services

8 Sydenham Road  
Hartlepool  
Cleveland TS25 1QB

## Opening times

24 hours

## Plan your journey

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## Similar services

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