

# DEMENTIA AWARENESS WEEK 2018

## HARTLEPOOL PROGRAMME OF EVENTS



Monday 21 May	Tuesday 22 May	Wednesday 23 May	Thursday 24 May	Friday 25 May
<p><b>10:30-11:30am</b> Central &amp; Throston Libraries</p> <p><b>Stories &amp; Rhymes Session</b> (Age range: pre-school)</p>	<p><b>1:30-2:30pm</b> Central Library</p> <p><b>Stories &amp; Rhymes Session</b> (Age range: pre-school)</p>	<p><b>10:30-12:30am</b> Waverley Terrace Allotments</p> <p><b>Gardening Programme</b> Gardening activities, Information Refreshments</p> <p>To book contact: 01642 815663</p>	<p><b>9:30-3:00</b> Hartlepool College of FE in partnership with Hartlepool Carers</p> <p><b>Pamper Session</b> Open to those living with dementia and their carers</p> <p>To book contact: Lisa at Luminary Salon 01429 295111</p>	<p><b>9:00-5:00</b> The Bridge</p> <p><b>Open Day</b> Call in for Chat, Tea/biscuits, Advice, information and support Signposting</p> <p>Dementia Friends Session - 10:30am Dementia Friends Session - 2:30pm</p> <p>To book contact 01429 868587</p>
<p><b>11:00-12:00</b> Kilmarnock Road Community Centre</p> <p><b>Arm Chair Aerobic Session</b></p> <p>Contact: 01429 868008</p>	<p><b>2:00-3:00pm</b> Seaton Carew Library</p> <p><b>Stories &amp; Rhymes Session</b> (Age range: pre-school)</p>	<p><b>1:30-2:15pm</b> Morrisons</p> <p><b>Busking</b></p>	<p><b>10:30-11:30am</b> Central Library</p> <p><b>Stories &amp; Rhymes Session</b> (Age range: pre-school)</p>	<p><b>10:00-12:00noon</b> Alice House Hospice Chapel</p> <p><b>Magic Table Demonstration</b> A new interactive light game for people with mid- to late-stage dementia that helps with reminiscence and relaxation</p>
<p><b>12:00-3:00pm</b> Borough Hall and Headland Sports Centre</p> <p><b>Celebration Event</b> Dancing Music Boccia Curling Raffle Information Stalls Food Horticultural activity</p>	<p><b>2:30-4:00pm</b> Community Room Central Library</p> <p><b>Quiz</b> Prize, Information Stalls</p>	<p><b>6:00-9:00pm</b> Hartfields Retirement Village</p> <p><b>Nostalgia Family Night &amp; interactive sing along with Hartlepool Stage Society young musicians</b></p> <p>Raffle, Prizes, Pie and Peas</p> <p>To book contact: 01429 850070</p>	<p><b>1:15-2:30pm</b> Ward Jackson Park</p> <p><b>Move a Memory Mile</b> Fun Walk with Quiz; Information Stalls Pet Friendly (All age ranges)</p> <p>To book contact: (01429) 284050 Email: <a href="mailto:SPAT@Hartlepool.gov.uk">SPAT@Hartlepool.gov.uk</a> or register on day</p>	<p><b>10:00-2:30</b> Hospital of God Concourse, North Tees Hospital</p> <p>Advice, information and support Signposting</p>
<p><b>2:00-3:00pm</b> Owton Manor Library</p> <p><b>Stories &amp; Rhymes Session</b> (Age range: pre-school)</p>	<p><b>Dementia Friendly</b>  Hartlepool</p>	<p><b>Many thanks to all partner organisations for their input into the weeks activities</b></p>	<p><b>2:00-3:00pm</b> Laurel Gardens</p> <p><b>Memories in Tune</b></p>	<p><b>10:30-11:30am</b> Headland Library</p> <p><b>Stories &amp; Rhymes Session</b> (Age range: pre-school)</p>

For more information contact The Bridge, Gemini Centre, Villiers Street, (Next to Mary Lamberts) or call 01429 868587